**HbL MEDICATION RISK QUESTIONNAIRE**

Answer the questions below to assess if you are at increased risk of having a problem related to the medicines you take.

1. Do you currently take 5 or more medications (on a regular basis)?
   - Yes
   - No

2. Do you take 12 or more medication doses each day?
   **Hint**: Add up the number of times a day that you take each of your medicines; for example: a medicine that you take 3 times a day = 3 doses; a medicine you take once a day = 1 dose; 3+1=4 doses, etc.
   - Yes
   - No

3. Do you take any of the following medications?
   - Warfarin (Coumadin®)
   - Digoxin (Lanoxin®)
   - Lithium (Lithobid®, others)
   - Phenytoin (Dilantin®)
   - Phenobarbital
   - Procainamide (Procan®)
   - Theophylline (TheoDur®, others)
   - Carbamazepine (Tegretol®)
   - Quinidine
   - Yes
   - No

4. Does more than one physician prescribe medications for you on a regular basis?
   - Yes
   - No

5. Are you currently taking medications for 3 or more medical problems?
   - Yes
   - No

6. Do you get prescriptions filled at more than one pharmacy?
   - Yes
   - No

7. Does someone else bring any of your medications to your home for you?
   - Yes
   - No

8. Have your medications OR the instructions on how to take them been changed 4 or more times in the past year?
   - Yes
   - No


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<th>Patient name</th>
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**What can you do to prevent problems from the medications you take?**

Two or more “yes” answers suggest that you would benefit from having a thorough medication review by a geriatric medication expert. The purpose of the review is to identify actual or preventable medication-related problems.

**A certified geriatric pharmacist** is specially trained in the use of medications in older adults. Visit [www.seniorcarepharmacist.com](http://www.seniorcarepharmacist.com) for a listing of geriatric pharmacists nationwide.

For over 15 years, HbL PharmaConsulting has been providing individualized medication consultations and patient education to identify medication-related problems and promote safe medication use. Dr. Hedva Barenholtz Levy, PharmD, BCPS, CGP is a certified geriatric pharmacist and a board certified drug therapy specialist. If you are not sure where to go with your medication questions, call 314.994.9409.

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